Questions to consider before committing to be involved:

  
Family Involvement Self-Assessment

|  |  |  |  |
| --- | --- | --- | --- |
|  | Do I know? | Is this right for me? | More questions to ask |
| What is the opportunity?   * Local * State * National |  |  |  |
| * + Stakeholder group   + Advisory Group   + Other |  |  |  |
| Is this a new opportunity/group or existing? |  |  |  |
| Is this a time limited (or one time) topic specific or ongoing opportunity? |  |  |  |
| What is the impact?   * Local * State * National |  |  |  |
| What is my role? |  |  |  |
| * Am I representing my experience or am I representing the family perspective? |  |  |  |
| What is the expectation of the Family member? |  |  |  |
| Is there background information that will support my involvement? |  |  |  |
| Where are the meeting held?   * Is there a charge for parking? |  |  |  |
|  |  |  |
| Is there an option to participate virtually? |  |  |  |
| What is the commitment?   * Per week/month/quarterly |  |  |  |
| Is there a reimbursement mechanism? |  |  |  |
| * What is covered? |  |  |  |
| * Travel costs |  |  |  |
| * Childcare |  |  |  |
| * Stipend for my time |  |  |  |
| * Is prep time reimbursed *(do I know how to request?)* |  |  |  |
| * What is the turnaround time for reimbursement? |  |  |  |
| Where do I go if I have specific questions?   * Person or Website |  |  |  |
| How many families are involved? (Am I the only one?)   * Will I have an opportunity or expectation to connect with other families involved on a regular basis? |  |  |  |
|  |  |  |
| How far in advance are the meetings scheduled? |  |  |  |
| How far in advance is the agenda distributed? |  |  |  |
| Do I have a support network at home to allow me time away from my family? |  |  |  |
| Do I have enough information to make an informed decision about this opportunity? |  |  |  |
| What if I decide this is not right for me? |  |  |  |
| Do I know the process of resigning? |  |  |  |